

Hello, I'm Delvin Mooswah Jr.

I am a dedicated human services professional and cultural leader with more than two decades of commitment to my ceremony communities. Over the past 18 years, I've immersed myself in human services, and for 25 years I've been actively engaged in preserving, sharing, and strengthening Duncan's cultural heritage.

My journey

- Front-Line Advocate

I've spent 14 years working directly with individuals and families—taking direction, providing support, and helping youth families and organizations navigate life's toughest situations with empathy and respect.

- Leadership

For the last six years, I've stepped into leadership positions where I coordinate programs, mentor emerging leaders, and develop strategies that uplift our people. I believe leadership is to be of service, and I strive to lead by example.

- Ceremony Leader & Teacher

I have earned the rights to conduct some of our Cree ceremonies, serving as a guide for traditional teachings. Whether I'm leading a healing circle, conducting a ceremony, or sharing cultural practices, my goal is to honor our ancestors and provide a safe space for spiritual connection.

- Land & Economic Development

I've fought tirelessly for Duncan's treaty rights at lands department meetings and Economic Development sessions alongside Nations leaders — ensuring Duncan's voices are heard in decisions that affect our territories and livelihoods. First by listening to community and then bringing forward concerns raised at community engagement meetings.

- Cultural Education

I regularly provide workshops, teachings, and one-on-one support to community members of all ages. My passion is to pass on traditional knowledge, encouraging each person to reconnect with our heritage in meaningful, living ways.

My Mission:

My mission is simple but powerful; to listen deeply, reflect thoughtfully, act decisively, respond compassionately, and inform honestly. By embodying these principles, I work to foster healing, resilience, and unity within our community. - Listen: Create space for real human stories and life experiences. - Reflect: by Honoring every voice and every perspective. - Act Decisively & Respond: Turn intention into tangible change, positive change. - Inform: Share knowledge so we can grow together in healthy, sustainable ways.

Why I Do This Work:

I believe that culture is the heartbeat of Duncan's people it connects us to the past, grounds us in the present, and guides us into the future. By combining my training in human services with my role as a cultural leader, I strive to support people holistically: mentally, emotionally, physically, and spiritually. When I see someone heal, find purpose, or step into their own leadership, I know I've done my part. That's what inspires me to keep going day after day, ceremony after ceremony, conversation after conversation. Thank you for taking the time to learn about my journey. I'm moved and honored to continue this path of service, ceremony, and cultural resilience alongside my community.